

# WLCC Weekly Newsletter 7.28.23

Dear Beloved Community,

Summer is a time when many of us like to be near water for rest and relaxation. We enjoy time at the beach, or boating, tubing, fishing, kayaking, pool time or even walking near a brook. This year we have had an abundance of rain, and we have seen the power of water and the devastation of floods far too close to home. Water can be terrifying and yet, it is necessary for life. We are reminded to stay hydrated- drink water! Our bodies are about 60% water.

As we prepare for a baptism this Sunday, I have been thinking not only about the covenant promises mentioned throughout our Genesis texts, but also the many images of water in the scriptures and how often water brings us peace, restoration, recreation and even exercise. Water is symbolic in baptism as we make promises within our community of faith. Jesus speaks of "Living Water" in our gospel text this week. We will talk more about covenant promises and Living Water on Sunday.

Hope to see you in worship!

Amanda

## Zoom Update

**Please Note:** There was an update to Zoom recently. To ensure the ability to connect to this Sunday's service, please log in to your account well before the service to allow Zoom to install any updates.

## Rev. Amanda's Office Hours

Rev. Amanda will have drop-in office hours at the church Thursdays from 9am to 1pm or other times at church, or at your home, by appointment.

## Deacons News

The deacons are looking for people to be greeters and liturgists on Sundays. If you are interested, please sign up on the laminated board in the hallway. If you have any questions, speak to one of the deacons: Diane Adam, Linda Oidtman, Judi Strong, Susan Schwarz, Laurie Tostenson, Molly Bonhag, Nan Reed, Peter Simpson, Sam Strong, Earle Woodward or Nancy Simpson.

## Upcoming Events

**July 30-** Sunday Service with the Baptism of Stella Jane Brown 10:00 AM

**August 2-** Missions Meeting in the Kilton Room. Everyone is welcome! 6:30 PM

**August 3-** Women's Fellowship 9:00 AM (Every Thursday)

**August 10-** Deacons Meeting in the Kilton Room 6:30 PM

**August 16-** Grief Group in the Kilton Room 4:30 PM

**August 20-** Missions' Community Dinner in the Drake Room 4:00 PM

**(Weight Watchers meets every Friday 9:30am-11am & Saturday 7:30am-9am in the Kilton Room)**

## TIME TO CLEAN!

Dear committee members,

It's time to clean out the mailboxes in the administrative assistant's office. If each committee could have someone come in during office hours to clean out their mailboxes, this would go a long way to making the office a more inviting space for all. We are working to move other clutter out as well.

Thank you,

Nancy Simpson & Aaron Richter

## Various Household Items Available

Some miscellaneous household items from the parsonage are available for use. Nothing huge or extremely valuable, but functional if you need it! See Amy Stebbins or Tom Kahl after church on Sunday!

## Missions Meeting

Your Missions group invites you to join them for their upcoming monthly meeting this Wednesday, August 2, at 6:30pm in the Kilton room.

Everyone is welcome !

Diane, Cindy, Jackie, Dick, John and Christine.

## Little Food Pantry

**Thank you to all who have contributed food, but we are again in urgent need of food for our pantry this summer!** Some items that go quickly are peanut butter, cereal, ramen noodles and coffee, also shelf stable milk. Food can also be put inside the Food Bin in the sanctuary which is taken to the Haven or LISTEN. Please pass the word on about the availability of food in the Little Food Pantry.

## Community Dinner

Mark your calendar for The Community Dinner on Sunday, August 20, at 4pm. There is a sheet on the bulletin board to sign up for the potluck.

Your Missions group (Cindy, Diane, Jackie, Dick, John and Christine)



## Parsonage Update

Trustees have opted to go forward with a regular residential rental of the parsonage at this time. First we did not want the building vacant any longer than necessary. It's not good for the building or the church. Because this is a new process for us, utilizing a one year lease and Moseley Property Management at this time means that we can occupy the building, do a test run on the rental function in general, and, allow us to explore other options should we so desire. An overabundance of available office and retail space at present means that a non-residential option is unlikely to be quickly rented. If this endeavor is successful, great. If it is a disaster, it's only for one year. We are hopeful that the building will be occupied in August, with any luck at all. If you have further questions, please feel free to ask a Trustee. Our thanks to Tom Kahl, Earle Woodward for performing some minor repairs, installing the new smoke and CO detectors, and touch up painting of woodwork. Moseley Property Management will assist in installation of new hot water heater and final preoccupancy cleaning.

## Christmas Bazaar News

Women's Fellowship will be holding its Christmas Bazaar, October 21 at which we will be selling hand crafted items, Christmas decor, food and candy, jewelry, and basket raffle. In order for this to be successful we will need **all** hands on deck! How can you help? If you make things or cook, please consider working on something that you would be willing

to donate or fill a basket that we can have in our raffle. We will have a table set up with baskets of various sizes that you might choose from to fill and provide a return date for the filled basket. The women thank you in advance for your generosity.

Nancy Simpson for Women's Fellowship

### **Grief Group**

Our next grief group will be on Wednesday, August 16th at 4:30pm in the Kilton Room. If you would like to participate, or know others who might, please email [a\\_swoyer@yahoo.com](mailto:a_swoyer@yahoo.com)

### **Women's Fellowship**

Women's Fellowship meets at 9 AM on Thursday mornings. Come join us for coffee and conversation! Save **October 21, 2023** for our Christmas Bazaar!

### **Online Bible Study**

*(Bible Study has stopped for the summer)*

### **WLCC Giving Options**

We have instituted several new electronic (credit/debit/ACH) giving options. Note that these are in addition to the conventional giving methods. **If you are comfortable with the giving method you currently use there is no need to change.** The intent of adding these electronic options is to make giving more convenient, which will hopefully increase our revenue. Note that the church is charged a nominal processing fee with each electronic transaction, so please consider covering that fee if you use an electronic option. The electronic options will allow you to specify where you would like your gift to go (e.g. general fund, memorial gift, missions, etc.). You can access these options by going to the WLCC home webpage ( <https://westlebcc.org/> **and clicking on the "Give" tab along the top, or go directly to the Giving page** <https://westlebcc.org/give/> ). If you have any questions or problems, please see Aaron in the WLCC office or our collector Christine Kidd.

### **HELPFUL INFORMATION FOR OUR AREA**

Information for lunches, fitness and activities for seniors: <https://www.bugbeecenter.org/>  
<https://www.qcsc.org/upper-valley>

*DHMC Aging Resources Center offers many courses relevant to Seniors and Caregivers- virtual now- check them out -*  
<https://events.dartmouth-hitchcock.org/>

**HELPFUL Covid19 INFORMATION:** To stay up to date on information and recommendations regarding the coronavirus:<https://www.cdc.gov/coronavirus/2019-ncov/index.html>

### **Food**

The Upper Valley Haven Food Shelf is open to anyone in need of groceries. It doesn't matter where you live or how much money your household earns. It is available as a one-time resource or for longer periods of time.

### *Transportation*

*Local Bus schedule:*<https://advancetransit.com/routes/red/>

### **Other info:**

- **Turning Point Recovery Center Wilder 802-295-5206 Springfield 802-885-4678**
- **VT Recovery Telephone Support Service (VTRSS) 802-888-8077**
- **Women's Informational Services (WISE) Tel: 603-448-5922, Domestic and sexual abuse 24 hour crisis line: 866-348-9473**

*National Suicide Prevention Lifeline, Call (800) 273-8255, Chat with Lifeline*  
Or for the **Suicide and Crisis Lifeline, Call 988**

*Disaster Distress Helpline, Call (800) 985-5990, Text TalkWithUs to 66746*

*National Domestic Violence Hotline: Call (800) 799-7233*

- *StrongHearts Native Helpline: Call 1-844-7NATIVE (762-8483)*
- *Veteran's Hotline: Call (800) 273-8255 or text to 838255*

- Crisis Text line to talk in any crisis- Text TALK to 741741
  - NAMI, The National Alliance on Mental Health has a 24-hour helpline: 1-800-950-6264.
- \* Call the local mental health crisis line. Details at

<http://www.claramartin.org> or <https://www.hcrs.org/crisis-services.php>

- \* Health Care and Rehabilitation Services: (HCRS) <https://www.hcrs.org/crisis-services.php> and 1-800-622-4235
- \* Text VT to 741741 to talk with someone at the Crisis Text Line
- \* For local providers visit <https://www.mtascutneyhospital.org/sites/default/files/2020-12/mah21-mental-health-directory.pdf>