

WLCC Weekly Newsletter 7.7.23

Dear Beloved Community,

I hope you all had time with family and friends over the holiday or are planning some summer fun together. For many of us a little more time with grandchildren is a special part of summer. I love seeing the world through the eyes of a child as they step out into nature and explore with me. We have an opportunity to experience the joys and excitement as they grow and learn beside us.

We continue with stories in Genesis, and we will follow Abraham's family. This week we will hear about Abraham's grandson, Isaac's son Jacob, as he has a personal aha moment. We can hear about other people's faith journeys. We can listen to their stories and learn about God, but our own experiences are what solidify our faith. Jacob had surely heard about God from his grandfather and father, but he was busy being a pesky brother, learning and growing up. This week we will hear about Jacob sleeping with a rock for a pillow, and sleeping in what some of us may call a "thin place." A place where heaven and earth are very close. Let's talk more about this on Sunday.

Hope to see you in worship!

Amanda

Rev. Amanda's Office Hours

Rev. Amanda will have drop-in office hours at the church Thursdays from 9am to 1pm or other times at church, or at your home, by appointment.

Deacons News

The deacons are looking for people to be greeters and liturgists on Sundays. If you are interested, please sign up on the laminated board in the hallway. If you have any questions, speak to one of the deacons: Diane Adam, Linda Oidtmann, Judi Strong, Susan Schwarz, Laurie Tostenson, Molly Bonhag, Nan Reed, Peter Simpson, Sam Strong, Earle Woodward or Nancy Simpson.

Upcoming Events

July 9- Missions' Community Dinner in the Drake Room 4:00 PM

July 12- *Grief Group in the Kilton Room 4:30 PM*

July 13- *Women's Fellowship 9:00 AM*

(Weight Watchers meets every Friday 7:30am-9am & Saturday 9:30am-11am in the Kilton Room)

Robin's Nest

Please be aware of the robin's nest on top of the wreath on the door and to not disturb it. **Robin Fact:** *Both parents help to feed the babies and may make up to a 100 feeding trips to the nest each day! The chicks are growing up fast. Momma & Poppa must be getting tired with three hungry mouths to feed.*



Missions

Greetings from your Missions group,

We are getting excited about our first community dinner scheduled for this Sunday at 4pm.

It will take place in the Kilton room. We will set up the room on Saturday afternoon, so do not be surprised if things look a bit different for our Sunday Fellowship time,

Thank you very much to all of you who signed up to bring a dish, the church is coming together again... as we knew it would!! Please, bring your dish to share by 4pm at the latest, and we hope you will stay to partake in the meal.

See you on Sunday,

Diane, Cindy, Jackie, Dick, John and Christine



COMMUNITY DINNER

FREE MEAL OPEN TO ALL!

Sunday, July 9th at 4pm

Enjoy the fellowship of friends and strangers alike

No Reservations Needed

West Lebanon Congregational Church
18 Maple St, West Lebanon, NH
603-298-8096

Grief Group

Our next grief group will be on Wednesday, July 12th at 4:30pm in the Kilton Room.

Online Bible Study

(Bible Study has stopped for the summer)

WLCC Giving Options

We have instituted several new electronic (credit/debit/ACH) giving options. Note that these are in addition to the conventional giving methods. **If you are comfortable with the giving method you currently use there is no need to change.** The intent of adding these electronic options is to make giving more convenient, which will hopefully increase our revenue. Note that the church is charged a nominal processing fee with each

electronic transaction, so please consider covering that fee if you use an electronic option. The electronic options will allow you to specify where you would like your gift to go (e.g. general fund, memorial gift, missions, etc.). You can access these options by going to the WLCC home webpage (<https://westlebcc.org/> and clicking on the "Give" tab along the top, or go directly to the Giving page <https://westlebcc.org/give/>. If you have any questions or problems, please see Aaron in the WLCC office or our collector Christine Kidd.

HELPFUL INFORMATION FOR OUR AREA

Information for lunches, fitness and activities for seniors: <https://www.bugbeecenter.org/>
<https://www.gcsc.org/upper-valley>

DHMC Aging Resources Center offers many courses relevant to Seniors and Caregivers- virtual now- check them out - <https://events.dartmouth-hitchcock.org/>

HELPFUL Covid19 INFORMATION: To stay up to date on information and recommendations regarding the coronavirus: <https://www.cdc.gov/coronavirus/2019-ncov/index.html>

Food

The Upper Valley Haven Food Shelf is open to anyone in need of groceries. It doesn't matter where you live or how much money your household earns. It is available as a one-time resource or for longer periods of time.

Transportation

Local Bus schedule: <https://advancetransit.com/routes/red/>

Other info:

- Turning Point Recovery Center Wilder 802-295-5206 Springfield 802-885-4678
- VT Recovery Telephone Support Service (VTRSS) 802-888-8077
- Women's Informational Services (WISE) Tel: 603-448-5922, Domestic and sexual abuse 24 hour crisis line: 866-348-9473

National Suicide Prevention Lifeline, Call (800) 273-8255, Chat with Lifeline
Or for the **Suicide and Crisis Lifeline, Call 988**

Disaster Distress Helpline, Call (800) 985-5990, Text TalkWithUs to 66746

National Domestic Violence Hotline: Call (800) 799-7233

- StrongHearts Native Helpline: Call 1-844-7NATIVE (762-8483)
 - Veteran's Hotline: Call (800) 273-8255 or text to 838255
 - Crisis Text line to talk in any crisis- Text TALK to 741741
 - NAMI, The National Alliance on Mental Health has a 24-hour helpline: 1-800-950-6264.
- * Call the local mental health crisis line. Details at

<http://www.claramartin.org> or <https://www.hcrs.org/crisis-services.php>

* Health Care and Rehabilitation Services: (HCRS) <https://www.hcrs.org/crisis-services.php> and **1-800-622-4235**

* Text VT to 741741 to talk with someone at the Crisis Text Line

* For local providers visit <https://www.mtascutneyhospital.org/sites/default/files/2020-12/mah21-mental-health-directory.pdf>

